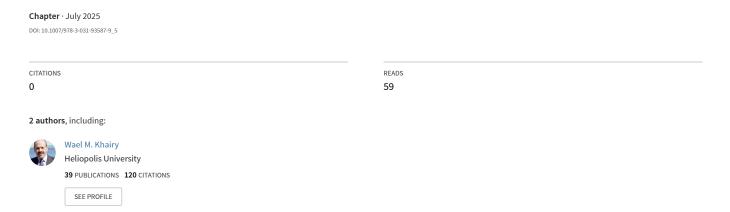
Integrated Aquaculture-Agriculture System: A Tool for Sustainable and Optimum Water Management



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Chapter 5

Integrated Aquaculture-Agriculture System, A Tool or Sustainable and Optimum Water Management

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Abstract:

13 Aquaculture practices is in continuous development making it the fastest-growing food

production sector in the world. However, the sustainability of the sector is at stake due

to the predicted effects of climate changes on water resources availability and the

different aquaculture activities. Therefore, the strategy to produce more food from

every drop of used water is vital to face the challenges of climate change. The

integration of aquaculture and agriculture (IAA) has long been implemented by rural

19 communities in many Asian and African countries as part of integrated resources

20 management for enhancing the efficiency of natural resources and the livelihood of the

21 farming community. In this context, the system of integrated fish - livestock and fish -

crop farming includes raising fish besides with livestock and crop for maximizing the

farm productivity. These systems are particularly relevant for developing countries

24 where the capacity of the farming community for intensive aquaculture is limited.

25 Some case studies are presented and discussed in this chapter. Generally, the

application of IAA is acknowledged as an efficient water use to increase water

27 productivity, profitability, sustainability and reduce risks associated with water scarcity.

28 Moreover, such application provides a chance for effective recycling of one waste

29 product from aquaculture as input to a different agricultural component. Aquaponics is

30 a type of IAAS that combines the components of recirculating aquaculture system (RAS)

31 and hydroponics into a single-loop recirculating system. This integration allows the plant

32 to use nutrients from the water provided by the fish which improve water quality

characteristics for fish use and emerging as a sustainable means of organic food

34 production. However, income from aquaponic systems is mainly come from the sale of

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plants rather than fish. Egypt is the first in Africa and among the top ten countries in the world in the field of aquaculture, and has substantial experience in raising freshwater fish, mainly tilapia. Therefore, it is feasible to contribute and provide straightforward and inexpensive technological solutions on various aquaculture practices.

The present chapter provides an overview of the impact of climate change on water resources and the different integrated aquaculture agriculture (IAA) systems that has great potential to increase food productivity and reduce risks associated with water scarcity.

Keywords: Aquaculture, Integrated farming system, climate change, water productivity, more crop per drop.

1. Introduction

The world population is expected to reach 8.1 billion by 2025 and 9.6 billion by 2050 (United Nations 2017). Rapid population growth will increase global demand for food production, which is expected to increase 60% by 2050. On the other hand, the per capita share of global agricultural land has gradually decrease from 0.44 to 0.25 ha over the last 50 years (FAO 2013).

Population growth has long been linked to of food security, climate change and water resources. By 2050, the world's population is expected to grow to nearly 9 billion; thus, our need for food increases by more than 100 percent. Currently, 1 in 8 people, or 842 million people struggle with hunger every day. Furthermore, nearly 1 billion people in the world are food insecure, meaning they lack access to an adequate amount of affordable nutritious food (FAO 2013).

Annually 7,130 km³ of freshwater is required for global food production, and it is expected to increase to 13,500 km³ by 2050 (Molden 2007). The effects of climate change may threaten global food production by increasing water demand, reducing water availability and crop productivity (Hanjra and Qureshi 2010; Turrel et al. 2011). Therefore, increasing food production is one of the key challenges in feeding a growing global population.

In regions of the world where scarce water reserves are becoming scarcer, innovative approaches to growing food are crucial. Known for its heat and deserts, it is not surprising that the Near East and North Africa are located in these regions.

- 40 Agriculture is essential for food security to meet the growing global population.
- 41 Globally, agriculture consumes more than 69-70% of annual water withdrawals and 90%

- 1 in some arid countries (United Nations 2017). While agriculture has evolved in order to
- 2 meet these exponentially increasing food demands, farmers will need to increase food
- 3 production by 70-100 percent to meet global nutrition needs. Therefore, there is a
- 4 necessity to produce higher yields using the same (or less) available lands than they use
- today while relying on fewer natural water resources (United Nations 2019).
- 6 On the other hand, with a global focus on environmentally and economically sustainable
- 7 development of natural resources, it is logical to integrate appropriate farming
- 8 practices, where possible, to enhance farm productivity and water-use efficiency (the
- 9 concept of more crop per drop).
- 10 A possible method to increase crops per drop would be through integrating
- 11 aquaculture- into the existing agriculture systems (IAAS). IAAS has the privilege of
- 12 augmenting food productivity and minimizing the menace correlated with water scarcity
- 13 (Ahmed et al. 2012). It is a form of intensification and sustainable development of
- agriculture, that is., producing more food from essentially the same area of land and
- water without (or less) environmental impacts (Godfray et al. 2010).

- 17 The aim of this chapter is to (a) briefly explore the impact of climate change on water
- resources, aquaculture and more crops per drop. (b) present and highlight the different
- 19 types if integrated Aquaculture -Agriculture systems (IAAS) as efficient solution to
- 20 maximize water use efficiency, (c) assess the expected benefits from IAAS regarding
- 21 water productivity and food security.

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2. Impacts of climate change on water resources and aquaculture

- 24 Regardless of all contradicting views, there is a general agreement that climate change
- is a fact and will have an impact on water resources, aquaculture, food production
- 26 processes and ecosystem balance as well as human well-being. These impacts include,
- 27 sea level rise, increase global temperature, frequency of extreme weather events and
- patterns (De Silva 2013; United Nations 2020; Elsheikh 2021).
- 29 Therefore, it is vital to promote sustainable water management practices, support
- 30 resilient aquaculture systems, and implement innovative agricultural techniques that
- 31 improving water-use efficiency (more crop per drop) and contributing to global food
- 32 security. Implementing efficient irrigation techniques (e.g., Drip irrigation, soil moisture
- 33 sensors, improved crop varieties, mulching and conservation tillage etc.) and sustainable
- 34 water management practices help minimize the strain of climate change on water
- 35 resources and promote environmentally sustainable agriculture.
- 36 2.1 Impact of climate change on water resources

- 1 Climate change effects on water availability which vary from one region to another and
- 2 can cause damage to people health and ecosystems. In fact, climate change is a water
- 3 issue and may disturb the water resources stability at local, regional and national levels
- 4 (Sukanya and Sabu 2022). The following are some of the climate change impacts on
- 5 water resources:

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- Changes in precipitation patterns: Climate change can cause alterations in rainfall in terms of distribution and quantity, leading to more recurrent and drastic droughts in some regions and increased rainfall in others. These changes can disrupt water availability and cause water scarcity, affecting both freshwater sources and groundwater reserves both of which can disrupt water resources for various uses, including agriculture and aquaculture.
 - Rising temperatures: Higher temperatures accelerate evaporation rates, reducing the amount of water available for different uses. This phenomenon contributes to the depletion of surface water bodies and reduces soil moisture, impacting agricultural productivity.
 - Melting glaciers and snowpack: In many regions, water supplies are dependent on the gradual melting of glaciers and snowpack. With rising global temperatures, glaciers are melting at an accelerated rate, affecting the timing and quantity of water flows in rivers and streams.
 - Saltwater intrusion: Rising sea levels can cause saltwater intrusion into coastal aquifers, contaminating freshwater sources used for drinking, irrigation, and aquaculture.

2.2 Impacts of climate change on Aquaculture

- 24 Many authors investigated and evaluated the impacts of climate change on aquaculture
- 25 different practices (De Silva 2013 2017; Maulu et al. 2021; Elsheikh 2021). These impacts
- are expected to remain persistent and most probably irreversible with critical
- 27 consequences on the aquaculture and concerned communities (Barange et al. 2018;
- Dabbadie et al. 2018). The following are some of the changes that the climate will have
- 29 impacts. Moreover, Potential positive and negative effects of some climate effects on
- 30 aguaculture are summarized in table (1).
 - Changes in water temperature: Aquatic species have specific temperature
 ranges in which they thrive. Climate change alters water temperature, leading
 to shifts in the distribution and abundance of various species of aquatic
 organisms. Fish and shellfish are sensitive to temperature changes, and
 variations beyond their optimal ranges can reduce growth rates, alter
 reproduction patterns, increase susceptibility to diseases and potentially

1 reducing aquaculture yields and survival (Troell et al., 2017; Guyondet et 2 al.,2018). 3 4 Altered water quality: Climate change have an effect on water quality variables 5 such as dissolved oxygen concentrations, pH levels, water salinity, nutrient 6 concentrations, and the occurrence of harmful algal blooms. These changes can 7 negatively impact the survival, health and productivity of aquaculture species (Ngoan, 2018). 8 9 10 Disease outbreaks: Warming water temperatures can facilitate the spread of pathogens and harmful bacteria, thereby increasing the risk of disease 11 12 outbreaks among farmed fish and other aquatic organisms. This can result in significant economic losses for aquaculture facilities (Sae-Lim et al., 2017). 13 14 15 Loss of habitat and biodiversity: Climate change disrupts ecosystems, leading to the loss of critical habitats for aquatic species. Destruction of mangroves, coral 16 reefs, and seagrass beds due to rising sea temperatures and ocean acidification 17 18 lead to shifts in species distribution and can affect the overall biodiversity and 19 productivity of aquaculture systems (Kibria et al., 2017 and Rutkayova et al., 20 2017). 21 Ocean acidification: Increased carbon dioxide (CO₂) emissions in the 22 atmosphere are not only warming the planet but also causing the oceans to 23 absorb more CO2. This leads to ocean acidification, which can hinder shell 24 formation in mollusks, making them more vulnerable to predation, disrupting 25 the food chain and potentially impacting the growth and survival of various species as well as other aquaculture operations (FAO 2009). 26 27 28 Rising sea levels: The warming climate is causing ice caps and polar glaciers to melt leading to sea levels rising. This puts coastal aquaculture facilities at risk of 29 30 flooding, salinization of freshwater sources, and increased vulnerability to storms and erosion (Rutkayova et al., 2017). 31 32 33 Extreme weather events: More frequent and intense storms, hurricanes, and typhoons can damage aquaculture facilities, disrupt production, and result in 34 35 significant economic losses for the industry (Seggel et al., 2016). 36

affecting livelihoods and regional economies.

Economic impacts: Disruptions in aquaculture production due to climate change can result in financial losses for farmers, processors, and related industries, thus

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Table (1) Potential effects of climate change on aquaculture systems

No.	Element	Negative effects	Positive effects
1.	Rising Temperature	 Slow growth rate and viability of cold-water species. -Water quality deterioration. - Fragile immunity in cold water species. - Slow down carbon absorption capacity in the oceans. - Enhance thermal stratification. - Increased severity of disease-causing agents in warm waters 	 Prolong growing seasons of warmwater species. Promote the possibility of developing genetic traits
2.	Diseases and harmful algal blooms	-Slow growth and survival rates -Water quality deterioration - Increase disease outbreak which lead to increase production costs - Increased incidence of unfamiliar diseases	-Possibility of eradicating cold- water pathogens - May develop disease tolerant species -Possibility of identifying and developing new species.
3.	Changes in rainfall/ precipitation patterns	-Droughts may cause water use competition and high production costsFloods may lead to water quality deterioration, pollute the environment and high loss of speciesDestruction of production facilities	 -In some regions, floods may develop suitable areas for various aquaculture practices. -Drought can promote improve management of wastewater.

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2.4. Adaptation strategies:

- 6 To mitigate climate change impacts on water resources and aquaculture industry,
- 7 stakeholders are exploring various adaptation strategies. These include developing
- 8 efficient water management systems, such as recirculating aquaculture systems (RAS),
- 9 reduce water consumption and minimize the impact of changing water availability,
- implementing water-saving technologies, and diversifying aquaculture species to
- increase resilience to changing environmental conditions such as temperature-tolerant
- or disease-resistant varieties (Elsheikh 2021; Malau 2021).
- 13 Improved monitoring and early warning systems is crucial to detect and respond to any
- 14 changes in water quality, disease outbreaks, and acute weather events. Adopting
- 15 integrated multi-trophic aquaculture systems can help optimize resource utilization and

- 1 reduce environmental impacts. By combining different species in a symbiotic
- 2 relationship, these systems can enhance water quality and reduce the need for external
- 3 inputs (Elsheikh 2021).
- 4 Several researches have indicated that the impacts of climate change on aquaculture
- 5 may vary depending on many factors like geographical areas, economics, climatic zones,
- 6 production systems, and farmed species (Barange et al. 2018; Zolnikov 2019; Maulu et
- 7 al. 2021). Table (1) summarizes the expected elements as well as negative and positive
- 8 impacts of climate change that have effect on the production and sustainability of the
- 9 aquaculture sector.

- 11 Ultimately, climate change poses significant challenges to aquaculture, particularly
- regarding water resources. The industry must adapt and develop strategies to mitigate
- these impacts. Collaboration between policymakers, scientists, and aquaculture
- practitioners is vital to ensure the long-term sustainability and implement climate-
- 15 resilient strategies for the sustainable use of water resources and the advancement of
- 16 integrated agriculture and aquaculture industries.

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3. The Integrated Aquaculture -Agriculture Systems (IAAS)

- 19 Aquaculture is one of the fastest progressing sectors of food production, with an annual
- 20 growth rate of 5.3% in the period 2001–2018, ensuring an average of 46% of fish
- 21 production worldwide up from 25.7% in 2000. Therefore, it is expected to fill the gap of
- 22 fish demands (Halwart 2020; FAO 2020)
- 23 Integrated Aquaculture Agriculture Systems (IAAS) are innovative and sustainable
- 24 farming systems that link the cultivation of aquatic organisms with other forms of
- agricultural crops in a symbiotic manner. Wastes generated from one system are
- recycled in IAAS as inputs to another system, thus decreasing pollution (Ahmed et al.
- 27 2019). Therefore, these systems enhance resource utilization, waste recycling, and
- 28 increase overall productivity.

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- From a broader context, the IAAS has been mentioned as part of managing integrated
- resources to improve natural resource efficiency and increase productivity, profitability,
- and sustainability (Dey et al. 2010; Ahmed et al. 2019). The Following paragraphs briefly
- discuss water productivity in agriculture and aquaculture, and the different types and
- 34 advantages of IAAS.

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3.1 Water productivity

- 1 Water productivity, also called water use efficiency (WUE), is the amount of agricultural
- 2 output (such as crop yield or industrial production) that is achieved per unit of water
- 3 consumed or withdrawn (Fig1). In other words, it's a measure of how efficiently water
- 4 resources are utilized to generate a certain level of productivity or output (Molden et al.
- 5 2007; Kumar 2021; Ibrahim 2023).
- 6 Water productivity is a convenient concept to guide efficient water management
- 7 implementations, improve irrigation techniques, boost sustainable agricultural practices
- 8 and confront water scarcity challenges particularly in regions where water resources are
- 9 finite. High water productivity implies that more output is generated for every drop of
- water used, which is essential for sustainable development, food security, and
- environmental conservation (Molden et al. 2010; Brauman et al. 2013).

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Water productivity relies on different aspects which comprise varieties of the growing plants and crops, strategies of water application, farming techniques, soil quality, and other agricultural matters (Ali and Talukder 2008 and Kilemo 2022).

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3.1.1 Water productivity in agriculture

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Water productivity in agriculture mainly refers to the quantity of agricultural output or crop yield that is obtained per unit of water used in the farming process. It measures how efficiently water resources are utilized to produce food and other agricultural products.

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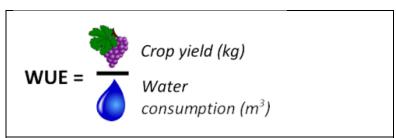


Fig (1) Relation between water use efficiency (WUE), crop yield(kg) and water consumption(m³)

Source: https://business.esa.int/news/water-use-efficiency-for-vineyards

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Among agricultural crops, the highest average water footprint (i.e., volume of freshwater used throughout the entire production chain of a consumer item or service) has been recorded for rice production. Moreover, due to its popularity as a main food crop, rice is one of the highest consumers of blue water (i.e. surface water and groundwater) and green water (i.e. natural rainfall) in the world (Chapagain and Hoekstra 2011 and Ahmed 2014).

As indicated in table (2), water productivity varies among major agricultural crops.

Water productivity range of rice is averaged 0.74-1.10 kg/m³, for maize is 0.56–1.59 kg/m³ and for wheat is 0.94–1.10 kg/m³. A wider range of water productivity for rice, at 0.15–1.60 kg/m³ and for wheat at 0.20–1.20 kg/m³ was reported by Molden et al. (2010). Increasing water productivity in different agricultural practices is the main strategy to face the challenges of water scarcity and may abate the necessity for

strategy to face the challenges of water scarcity and may abate the necessity for additional land and water resources

 Water productivity in agriculture can be enhanced via adopting modern irrigation strategies, managing water efficiently, increase soil fertility, selecting suitable crops, improve farming systems, and increase yield per volume of water used (Ali and Talukder 2008; Molden et al. 2010; Brauman et al. 2013).

Table (2) Comparative water productivity among crops in different farming systems

	Crop	Type of study	Average water productivity (Kg/m³)	Reference
Agriculture	Maize	Field exp.	0.56	Igbadun et al. (2006)
		Field exp.	1.01	Moayeri et al.(2011)
		Monitoring through remote sensing	1.59	Fapeng et al. (2013)
	Rice	Crop production and land use data	0.74	Cai et al. (2010)
		Data review	1.09	Zwart and Bastiaanssen (2004)
		experimental study	1.10	Steduto et al.(2012)
	Wheat	Crop production and land use data	0.94	Cai et al. (2010)
		Data review	1.09	Zwart and
				Bastiaanssen(2004)
		experimental study	1.10	Steduto et al.(2012)
Aquaculture	fish	Assessment	0.21	Verdegem et al. (2006)
		Data review	0.36	Brummett (1997)
		Assessment	0.37	Verdegem et al. (2006)
IAA	Fish-	Filed exp. ^a	2.31 (fish	Abdul-Rahman et al.
	maize		0.22 + crop	(2011)
			1.91)	
	Fish-	Filed exp. ^a	8.46(fish	Abdul-Rahman et al.
	vegetabl		0.22+ crop	(2011)
	es		8.24)	
	Rice- fish	Assessment	1.21	Ahmed and Granett (2011)

	, Abdul-Rahman et al.
	(2011) ^b

^a Fish stocking density 10/m³ seems to be extensive culture

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3.1.2 Water productivity in aquaculture

- 4 Aquaculture practice is considered non-exhaustive and non-consumptive regarding
- 5 water use and therefore is a water -efficient food production system and does not
- 6 compete with irrigation (Ahmed and Granett 2011; Abdul-Rahman et al. 2011).
- 7 Whenever water is available, aquaculture can be integrated with other crop production
- 8 thus potentially increasing water productivity (Ahmed et al. 2014). However, water
- 9 productivity in aquaculture systems varies widely depending on location, culture
- 10 method and fish species.
- 11 Improving water productivity in aquaculture varies widely depending on culture method and
- the implemented strategies to maximize the yield of aquatic organisms while minimizing
- 13 water usage and wastes. Improving aquaculture production will increase the economic
- water productivity of water especially when selecting high value fish (Ali and Talukder 2008).

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19 20 Some key considerations for enhancing water productivity in aquaculture include: water management, feed management, stocking density, recirculating aquaculture systems (RAS), integrated multi-trophic aquaculture (IMTA), polyculture and integrated systems, water quality and waste management, species and site selection as well as monitoring and evaluation (Verdegem et al. 2006; Verdegem and Bosma 2009; Molden, 2010).

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Efforts to improve water productivity in aquaculture can contribute to sustainable food production, reduce environmental impacts, conservation of freshwater resources and the sustainability of the aquaculture industry.

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3.1.3 Water productivity in Integrated Aquaculture -Agriculture system (IAAS)

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- Water productivity in integrated aquaculture-agriculture systems (IAAS) refers to the efficient use of water resources to produce both aquatic products (such as fish or
- 31 shrimp) and agricultural products (such as crops) within the same integrated system.
- 32 These systems aim to maximize the benefits derived from water use by optimizing the
- interaction between aquaculture and agriculture components. Water productivity in

^b The studies of Ahmed and Granett (2011), and Abdul-Rahman et al. (2011) revealed that IAA increases water value index by 11% and water productivity by over 10% without any additional consumptive use of water). Based on these results, it appears that fish and rice farming will increase water productivity compared to rice farming by at least 10% from 1.1 to 1.21 kg/m³.

such systems involves measuring the combined output of both aquatic and agricultural products relative to the amount of water used (Verdegem et al. 2006; Zajdband 2011).

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- 4 Water productivity in well-managed pond systems is reported to be 0.21–0.37 kg/m³ and in
- 5 pond-based IAAS is 2.13 kg/m³ for fish and maize production and up to 8.46 kg/m³ for fish
- 6 and vegetable production (Table 2). Although water productivity in rice-fish farming is
- 7 not well documented, IAA is reported to increase water productivity by at least 10 %
- 8 (Abdul-Rahman et al. 2011). Moreover, studies showed that water productivity could be
- 9 improved in non-integrated farming system through integration and diversification of
- 10 crops (Ali and Talukder 2008; Ahmed and Granett 2011).

3.2 Categories of IAAS

- 12 The integrated aquaculture-agriculture systems (IAAS) can be tailored to suit different
- 13 geographical and environmental conditions, making them versatile and adaptable to
- various regions. However, successful implementation need proper management and
- awareness of the essential requirements of the integrated species involved. There are
- 16 several systems of IAA practice, each combining different elements of aquaculture and
- 17 agriculture. Some of these are:

3.2.1 Integrated crop-aquaculture systems.

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- It includes either rice, horticulture, sericulture or mushroom integrated with fish system
- 21 (Ahmed et al. 2007; Fapeng 2013; Tran 2013). Integrated rice-fish farming is the most
- 22 widely spread activity where fish (e.g., common carp, catfish and tilapia) feed on weeds
- and insects particularly mosquitoes that carry malaria reducing the need for pesticides
- and herbicides (Liu et al. 2020). In return, the fish waste acts as a natural fertilizer for
- 25 the rice plants. The flooded rice paddies also provide an ideal habitat for fish growth,
- 26 increasing overall productivity and local farmers' economic income (Ahmed and Granett
- 27 2011).
- 28 Fish farming in rice- fields increases the rice yield by 8-26%, as a result to the presence
- 29 of fish (Dye et al. 2010). Therefore, such integrated system is better than rice
- 30 monoculture in terms of high production and providing more divergent and nourishing
- 31 food supply. However, it requires about 26% more water than rice monoculture. In this
- 32 context, the second aim of integrated fish and crop production applications are to
- 33 eliminate aquaculture residues and provide organic fertilizers for agricultural crops
- 34 (Phong et al. 2010; Cai et al. 2010; Tran et al. 2013).
- 35 Fish farming in rice fields is an extensive culture system that primarily relies on natural
- 36 foods (e.g., plankton, periphyton, and benthos), accordingly, fish productivity is low
- 37 (Table 3). To increase the production of the system, other livestock such as cattle are
- raised and fed rice straw, then dunk is used as fertilizer for homestead gardening. Duck

- 1 rearing on rice fields is also practiced in many countries (Ahmed et al. 2012; Long et al.
- 2 2013).
- Table (3) Productivity of rice (crop) and fish in IAA among different countries

Farming	Country	Fish species	Productivit	ty(kg/ha)	Reference
system			Fish	Crop/rice	
Pond- based	Bangladesh	Prawn, Carp & Mola	1,983	1,470	Ahmed et al. (2007)
IAA	China		13,575	Not documented	Kangmin (2010)
	Egypt	Tilapia	350	5400	van der Heijden (2012)
	India		3,000	800	Kumar and Ayyappan (1998)
	Malawi	Tilapia	2,017	1,976	Tran et al. (2013)
	Tanzania	Tilapia- catfish	2460	2460	Mulokozi et al. (2021)
	Thailand		2,307	Not documented	Pant et al. (2004)
	Vietnam	Common carp, silver carb, kissing gourami, tilapia, and catfish	474	1,618	Phong et al. (2008)
Rice- fish* farming	Bangladesh)	C. carpio, B. gonionotus, O. niloticus	259	5,261	Ahmed and Garnett (2011)
	China	Cyprinus carpio	372	6,290	Hu et al. (2013)
	Ghana	Nile tilapia (Oreochromis niloticus)	201	4,410	Ofori et al. (2005)
	India	C. catla, C. carpio, C. mrigala, L. rohita	906	3,629	Mohanty et al. (2004)
	India	Rohu, Catla, Silver carp, Common carp, & Mrigal	1230	5800	Dey et al. (2010)
	Indonesia		0.8-625	7,800	Purba (1998)
	Nigeria		2,376	1,656	Akegbejo-Samsons (2010)
	Philippines		233	2,750	Corales et al. (2004)

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Thailand		146–363	1,630–2,651	Deomampo (1998); Halwart and Gupta (2004)
Vietnam	carpio, B. gonionotus O. niloticus	326 C.	4,209	Berg (2002)

^{*}Fish production from rice fields is low because they only depend on natural foods (e.g., plankton, periphyton, and benthos).

3.2.2 Integrated livestock-fish aquaculture systems. In this system livestock, such as poultry, pigs or cattle are raised in combination with aquaculture. Livestock manure is utilized to fertilize fish ponds, providing nutrients like nitrogen (N) and phosphorus (P), stimulating plankton growth and providing natural food for the fish (box 1 and 2). The fish pond water can also be used for livestock drinking water and irrigation for crops (Little and Edwards 2004).

Box (1) Case studies from Ethiopia

In a study conducted by Waktola et al. (2016) where components of the integration were fish (*O. niloticus*), livestock's (poultry and cow) and vegetables (Tomato and onion), the authors reported that:

- generally, no significant change in the physical and chemical characteristics of pond water and remained within the required level for the growth of Nile tilapia.
- higher level of nitrate and total phosphorus in the IAA ponds were recorded
- higher level of soil organic carbon and organic matter were recorded in the IAA ponds comparing to the non-IAA ponds
- higher number and bigger size of tomato fruit and onion from the IAA plots than the control plots
- The results of the expenditure and income analysis indicated that the integration of vegetable cultivation using fish pond water alone was more profitable than the conventional method of vegetable cultivation with the application of fertilizers.

Another study by Tugie et al. (2017) where components of the integration were fish (*O. niloticus, C. carpio and C. gariepinus*)), livestock's (Lohman brown chicken) and vegetables (maize and onion), the authors reported that:

- Total profit from the integrated system was 12,030 ETBirr (1 Birr=0.44 USD) while
 the profit farmers get from the sole maize production from the same plot of land
 was 1300 ETB.
- the poultry manured ponds gave significantly better growth rate in both O. *niloticus* and *C. carpio* species
- the overall farm production was 8 tons of fish/ha/year, 233eggs/hen/year, 10800 kg onion/ha/year

The authors indicated in their studies that IAA farms were significantly more efficient compared to non-IAA farms. IAA farms also had higher total factor productivity, higher farm income per hectare, and higher returns to family labor.

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3.3.3 Integrated Multi-trophic Aquaculture (IMTA)

Integrated multitrophic aquaculture is a resource recycling system in which discharged nutrients from higher trophic levels become input to the lower trophic levels (Reiriz 2013; Melaku and Natarajan 2019). IMTA involves the cultivation of different species in the same aquaculture system to create a balanced ecosystem. For example, finfish are farmed alongside shellfish and seaweeds. The fish provide nutrients for the shellfish and seaweeds, while these species help in removing excess nutrients and waste from the water. This system is mainly practiced in developed countries where there is an intensive cage culture of finfishes like salmon (Handa et al. 2012).

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Box (2): Case studies from South Africa and Kenya

Prinsloo and Schoonbee (1987) conducted a study in South Africa where components of the integration were 4 species of carps, pecking ducks and 3 types of vegetables (Tomato, spinach and lettuce), the authors reported that:

- Ducks grew to an average weight of 2.6 kg in 55 days
- Fish production exceeded 19.5tonnes/hectare/year with substantial yield of vegetable production
- Ten batches of Peking ducks at a density of 2500 ducks/ha of water over a period of 6 months with an average yield of 32.184 tons/ha/year
- Mean feed conversion factor (FCR) of 3.05

Another study by Muendo et al. (2011) In Kenya, the authors showed that:

• Farms with IAA systems were found to have a drop by 23-35% of nutrient consumption rates, increased agricultural production by 2--26% and an increase of the overall farm food production by 22-70%.

Generally, the author's' assessment indicated that IAAS practices have increased farm productivity, increased household incomes, improved food and nutritional security through production and consumption of fresh fish, ducks and the food crops grown around fish ponds.

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3.3.4 Aquaponics

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Aquaponics is a popular highly efficient and sustainable IAAS technique where a recirculating aquaculture system (RAS) and hydroponics are merged to grow plants and fish in a closed system, thus increase economic efficiency and water productivity (Atique 2022).

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The basic principle of aquaponics involves cultivating fish in a tank and using the nutrient-rich water from the fish tanks to nourish plants grown in a soil-less medium.

The fish waste contains ammonia, which is converted by beneficial bacteria into nitrates and nitrites. These nutrients serve as natural fertilizers for the plants, providing essential elements for their growth. The plants, in turn, act as a biofilter by taking up these nutrients, purifying the water, and returning it back to the fish tanks. This symbiotic relationship creates a self-sustaining ecosystem where both fish and plants thrive (Fig.2) with a large reduction in water use and thus will mitigate and alter the negative environmental impacts of the system (Panigrahi 2016; Goddek 2019; Krastanova et al. 2022).

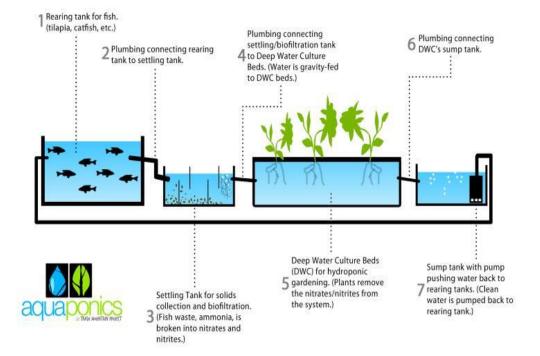


Figure 2: General setup of an aquaponics system (Panigrahi et al. 2016)

Aquaponic system supports food security and is equally effective in places with drought or poor soil quality resulting in local food production, boosting the local economy and reducing food transportation. Aaquaponic has the advantage being sustainable and environmentally safe compared to other aquaculture practices because no agrochemicals are required and there is a continuous natural supply of organic fertilizers (Table 4).

Table (4) Comparison between hydroponics, aquaculture and aquaponics

System	Advantages	Disadvantages	
Hydroponics	 Produces a high crop yield 	Using expensive fertilizers.	
	in a small space.		

	Highly water use efficient	
Aquaculture	for crop productionProduce a large number of fish in a small space.	May fail if high fish stocking density.
		 Fish produce toxic wastes that should be continuously removed.
Aquaponics	 No pesticide, thereby environmentally safe and reducing carbon footprint. Plants get their automatic nutritional supply from the fish's water as they filter water for fish. 	 Management requires expertise in both growing fish and plants. High initial and operational costs compared to soil culture. The system requires high energy and maintenance. Numerous ways in which the entire system can break down.

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Current studies on the aquaponic sustainability gave a lot of information on its applicability. These studies revealed that, although the system is apparently simple, it can only be *sustainably* managed through availability of enough knowledge and experience of the fish, bacteria, and plant components at the individual and systems levels (Sharma et al. 2018; Goddek et al. 2019; Atique et al. 2022).

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3.4.4.1 Species in aquaponics

A. Aquaculture

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Currently, some fish species are frequently used in aquaponic system. In 2014, a study conducted in 44 countries revealed that the most prevalent fish species in aquaponic were tilapia (55%) followed by ornamental fish (koi, goldfish and tropical fish) (48%) (Love et al. 2014). Other studies reported that catfish (25%), bluegill (15%), trout (10%) and some other aquatic animals (18%) are also used (Love et al. 2015 and Villarroel et al. 2016). The most common farmed fish in aquaponics is presented in table (5).

17 The most common farmed fish in aquaponics is presented in table (5).

- 18 Tilapia is popular in the aquaponics industry due to its omnivorous nature, low cost,
- 19 robustness, and rapid growth rate as it has a lower feed conversion ratio (FCR) of
- approximately 1.0 compared to large ruminants, whose FCR is 8.8. (Rakocy et al 2004).
- 21 Moreover, Tilapia can thrive in various water conditions and a wide range of water
- temperatures (15-30 °C) and free ammonia (NH₃) concentrations (0.2 3.0 mg/L) for

Table (5) Most common farmed fish in aquaponics.

Scientific name	Common name	Most commonly farmed fish	References
		(ranked)	
Oreochromis	Nile tilapia	First place	Love et al. (2014,
niloticus			2015), Villarroel et
			al. (2016)
	Ornamental fish	Second place	Love et al. (2014,
			2015)
Silurus glanis	European catfish	Third place	Love et al. (2014,
			2015)

B. Vegetation (Plants)

Many types of plants can grow in an aquaponics system; However, the choice depends on the stocking density of the fish and the concentration of nutrients available in the aqueous solution. Nitrate requirements for plants vary during their growth phases depending on the surface area of the roots and the type of plant. For example, leafy vegetables require higher amounts of nitrate than fruit vegetables (Li et al. 2019).

The most favored and prominent plants in the aquaponic systems are herbs and spices for cooking purposes (e.g. basil, coriander, chives, parsley, purslane and mint), leafy vegetables (e.g. lettuce, spinach, chard, Chinese cabbage and watercress) and medicinal plants (e.g. aloe vera, chamomile, feverfew, lavender, ginger, and sage). These plants grow well in water with high nitrogen concentration, have a short-term growing period, do not require high nutrient contents and there is substantially a high consumer demand (Bailey and Ferrarezi 2017). Moreover, in well stocked and established aquaponic systems, the vegetables with higher nutritional requirements such as tomatoes, peppers and cucumber can perform well (Licamele 2009).

Love et al. (2014 and 2015), Villarroel et al. (2016) and Danner et al. (2019) have outlined the most commonly grown plant species in aquaponics (Table 6). Experimental data generally showed a higher yield of crops in aquaponics than in hydroponics or conventional agriculture (Buzby 2016; Johnson 2017).

Table (6) Most commonly grown crops in aquaponics.

Scientific name	Common name	Crop	Most commonly grown crops (ranked)	References
Ocimum basilicum	Basil	Herb	First place	Love et al. (2014, 2015)
Lactuca sativa	Lettuce	Leaf vegetable	Second place	Villarroel et al. (2016)
Solanum lycopersicum	Tomato	Fruit vegetable	Second place Third place	Love et al. (2014), Villarroel et al. (2016)
	Salad greens	Leaf vegetable	Second place Third place	Love et al. (2014, 2015)
	Herbs	Leaf vegetable	Third place First place	Love et al. (2015) Villarroel et al. (2016)

3.4.4.2 Water quality in aquaponics

 In aquaponic systems, a large production of plants and fish could be attained if there is a prominent balance between dissolved nutrients and quality of water. Thus, proper monitoring and management of certain water quality variables are essential in order to have a functional system and obtain high performance in raising fish and plants. it is also necessary to have enough background on the effects of these parameters and how they interact.

The ranges of the most important water quality parameters that affect the health and productivity of aquaponics systems are shown in Table (7). These parameters should be carefully monitored particularly key water quality parameters such as pH, temperature and total ammonia nitrogen (TAN) to avoid sudden changes in their values and losses in productivity. (Odema et al. 2017; Ibrahim et al. 2023).

Table (7) Water quality ranges for aquaponics systems

Parameters	range	Parameters	range
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рН	6.5 – 7.0	Total Ammonia- Nitrogen (TAN)= NH₃+ NH₄-N	<2 mg/L
Water Temperature (T)	17 °C – 30 °C	Nitrites (NO ₂)	< 1 mg/L
Dissolved Oxygen (DO)	>4 mg/L	Nitrates (NO₃)	50 mg/L – 100 mg/L
Electrical conductivity (EC)	1100 – 2000 μS/cm	Flow	1 – 2 L/min
Total dissolved solids (TDS)	< 1000 mg/L	Air Temp.	18 °C – 30 °C
Salinity	0 -2 ppt	Relative humidity	60% - 80%
Water hardness	50 − 150 mg/L as CaCO ₃	Carbon dioxide (CO ₂)	340 ppm – 1300 ppm
Alkalinity	50 − 150 mg/L as CaCO ₃	Light Intensity	600 PPFD – 900 PPFD (PPFD is the Photosynthetic Photon Flux Density)

4. Aquaculture in Egypt

Aquaculture in Egypt has been a significant and growing industry for several decades. The country's favorable climate, access to water resources, and historical reliance on the Nile River have all contributed to the development of aquaculture as an important economic sector. Aquaculture is considered as the only practical resource for decreasing the current gap between production and consumption of fish in Egypt. Egypt has continued to be a significant player in the global aquaculture industry. It is now number one in Africa, number six worldwide in aquaculture production and number three in tilapia production globally (Shaalan 2017; Adeleke et al. 2020; Wally and Akingbe, 2022). In Egypt, the aquaculture is practiced in almost all different production systems that have been described in previous paragraphs. (Soliman and Yacout 2016; Shaalan 2017).

Egypt's total fish production increased by 17.64 % from 1.7 million metric tons (MMT) in 2016 to 2.0 MMT in 2020 (Figure 2). Aquaculture's share grew from 1.37 MMT in 2016

to 1.62 MMT in 2020 which representing about 81% of total fish production. Moreover, there is an increase of 18.2 % growth from 2016, followed by production from lakes with 10 %, seawater with 4.4 %, freshwater with 3.8 %, and finally rice fields with 0.8 % of the total production (GAFRD 2022; Wally and Akingbe, 2022).

Development of fish production in Egypt (2016-2020)

2.5

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0.5

0

2016

2017

2018

2019

2020

Total production

Aquaculture

Fisheries

Figure (2) Development of Fish Production in Egypt (2016-2020)

Source: GAFRD (2020)

IAA systems in Egypt

According to Ibrahim et al. (2023), there are several commercial farms implementing the IAAS and producing finfish particularly. The most common fish are Nile tilapia (Oreochromis *niloticus*), African catfish (*Clarias gariepinus*), *carps*, flathead grey mullet (*Mugil cephalilus*), *European* seabass (*Dicentrarchus labrax*) and gilthead seabream (*Sparus aurata*). The water source comes from groundwater reserves and/or agricultural drainage. The majority of these farms have applied the integrated techniques that allow them to maximize water productivity through producing three different crops (fish, plant and sheep) at specific period. Some other farms have applied the recirculation aquaculture system (RAS) and produce tilapia in densities of 20–30 kg/m³ to market size of 250–400 g in 6–8 months. This production was attainable due to the suitable climate and available warm groundwater present throughout the year (Corner et al. 2020).

Moreover, brackish groundwater with salt concentration of 25g/L is also used in IAAS as Salicornia crops (a halophytic vegetables with an array of potential health benefits) is

- 1 combined with intensive European seabass and gilthead seabream aquaculture. The
- 2 yearly production of both fish species is about 100 tones/year (Corner et al. 2020; van
- 3 der Heijden et al.2012).
- 4 Furthermore, aquaponics is a relatively new technique in Egypt for growing aquatic
- 5 species and soilless plants in a single integrated system. Commercial aquaponics is still
- 6 developing and practiced on a pilot scale. The predominant challenge is to balance the
- 7 conditions required for the growth of multiple species which eventually may lead to a
- 8 complex dynamic system (table 4). In Egypt, some trials (Box 3) have been initiated by
- 9 national institutions and the private sector to highlight that aquaponics could be an ally
- or alternative to traditional agriculture and land reclamation (Goda et al. 2015; El-
- 11 Essawy et al. 2019; Corner et al. 2020). Although aquaponic presents a great
- opportunity, especially for developing countries like Egypt, it still requires further
- 13 studies, researches and trainings to be prepared for the unexpected challenges.

Box (3) Case studies on aquaponics in Egypt

The study conducted by Goda et al. (2015), aimed to highlight some of the technical, biological, social, and economic features of aquaponic systems in Egypt as a method of integrated aquaculture agriculture system (IAAS). Two systems using renewable energy were studied: 1) Integrated Multi-Trophic Aquaculture, IMTA— Nutrient Film Technique (NFT) System and 2) IMTA— Floating Raft System (FRS) in comparison with traditional soil culture system.

The study included different fish species (e.g., tilapia, catfish, mullets, prawn and clams) and plants (broccoli, cucumber, tomato, eggplant and pepper). The results revealed that IMTA—FRS and IMTA—NFT systems were able to bear costs and attain excess economic capacity of 53% and 47% respectively. Moreover, the results confirmed the potentiality of these two systems to tolerate the burden of increased costs of production and bear the risks of lower fish and vegetables prices.

Another study was conducted by El-Essawy et al. (2019). The study discussed the possibility of applying the aquaponic system as an alternative to traditional agriculture in Egypt. A comparative pilot study examined two aquaponic systems (deep water culture system and integrated aquaculture agriculture system, IAAS). The crop quality (e.g., vitamins, heavy metals, and pesticides residues) of the two systems was compared between each other, as well as to that of the commercially organic crops available in the market.

Results indicated that both systems produced safe high-quality organic food. The economic feasibility analysis indicated that IAAS produced more crops with a wider variety of almost 20% less capital expenditure and operational expenditure costs. Fish production in both systems was similar, yet slightly higher in Deep Water Culture. Although, on the short term, aquaponics entails relatively high capital and operational expenditure costs compared to traditional agriculture; however, it is more profitable on the long term, saving up to 85% of the water wasted due to traditional farming techniques.

Conclusion

- This review highlighted the potential effects of climate change on aquaculture production and implications on the sector's sustainability. It is also discussed the IAAS as a combined activity between aquaculture and agriculture to increase farm productivity, waste recycling, maximize resource use efficiency and as an effective mean of using the same land resource to produce both agricultural products and animal protein.
 - Globally, aquaculture is considered one of the most efficient solutions to meet the increasing demands for aquatic products. However, this sector is under threat from climate change negative and positive effects, although the negatives outweigh the positive ones.
 - Even though climate change poses a universal threat to food production, the
 correlated risks on aquaculture are predicted to vary according to geographical
 or climatic zones, national economy, rearing environment, production system
 scale, cultured species and their feed ingredient availability.
 - Because of the continues growth of aquaculture sector while climate impacts become more evident, there is a necessity to adopt a comprehensive approach in anticipating the impacts of climate change on aquaculture and in addressing these impacts. Therefore, developing mitigation and adaptation strategies and action plan would be more effective.
 - Integrated aquaculture agriculture system (IAAS) is perceived as efficient use of water to increase its productivity and reduce the risks associated with water shortages. Therefore, IAAS is considered to produce "more crop per drop" and play a crucial role in food security.
 - Aquaponics depicts a promising practice for producing both fish and vegetables
 in ways that use less land and water. It also reduces the chemical and fertilizer
 inputs that are used in conventional food production. Aquaponics has the ability
 to be a cost- effective business, while the substantial challenges are the high
 initial and operational costs, available skill and knowledge from two separate
 fields, daily maintenance, limited plant selection, monitoring water quality for
 fish and plants, as well as marketing. There are multiple ways the entire system
 can fail.
 - The topic of water resources availability and management must be carefully addressed before the adoption of the IAAS in country strategy. These encompass the efficient use and better management practices of blue and green water.

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